



Disabilities Resource Guide



Table of Contents

Daily Living, Housing and Home Improvements.....	2-3
Employment.....	3-4
Education.....	4-6
Recreation	6-7
Web and Other Resources	7-10
Health Resources	10-11

Daily Living, Housing and Home Improvements

Big Beaver United Methodist Church Home Repair Program

248.740.7018

Providing free home repairs to senior citizens and disabled persons in Troy. Homeowner is responsible for the costs of any supplies needed.

Center for Independent Living

586.268.4160

www.omcil.org

Serving people with disabilities in the tri-county area by offering support services, empowerment training and independent living skills training.

Community Housing Network

248.928.0111

www.communityhousingnetwork.org

Serving Oakland County residents with disabilities by helping develop individualized housing arrangements and person centered planning.

Disability Network Oakland-Macomb

248.268.4160

www.omcil.org

Serving persons with all disabilities, offering peer counseling, advocacy information and referral and independent living skills training.

Home Chore Program

248.524.3399

Providing snow removal, lawn mowing, gutter cleaning, spring and fall yard cleanup for any Troy homeowner with disabilities.

JARC

248.538.6610

www.jarc.org

Offering independent, interdependent, group home living, life skills training, social groups and supports coordination.

New Gateways

248.538.7830

www.newgateways.net

For adults 26 and older with mild to severe developmental disabilities, offering community involvement opportunities.

Oakland County's American Dream Down Payment Initiative

248.858.0495

www.oakgov.com/chi/home_ownership/ADDI.html

Providing a deferred payment loan to first-time homebuyers who meet the income guidelines.

Oakland County Community Home Improvement Program

248.858.5401

www.oakgov.com/chi/home_improvement/

Providing low interest loans for home improvements to those who meet the income guidelines.

On My Own of Michigan

248.649.3739

www.onmyownofmi.org

Offering independent, interdependent living, life skills training and social groups.

Senior Home Assistance Repair Program (SHARP)

248.524.3484

Home Repair Program helps seniors 60 and older and persons with disabilities with home repairs to correct health and safety hazards, or to restore things to their proper working order. The work usually includes jobs that can be completed by a handyman in one or two hours. The labor is free, but the homeowner must pay for supplies. Financial assistance may be available if needed. Home repairs include but are not limited to things such as: gutter cleaning; installing window air conditioners, smoke detectors or grab bars; moving large items for trash pick-up; painting; repairing dry wall; and wheelchair ramp construction.

Wright & Filippis**800.482.0222****www.firsttoserve.com/**

Providing home healthcare equipment.

Employment

Diversity World**www.diversityworld.com/**

Information on disability employment, job development, self-employment, and advice for job seekers.

Easter Seals of Michigan**800.395.9819****866.992.4453: For children with serious emotional disturbance.****www.mi.easterseals.com**

Offering medical rehabilitation, job training and employment, adult day services, mental health services, prevention programs and 24/7 availability.

Equal Employment Opportunity Commission**www.eeoc.gov**

The US Equal Employment Opportunity Commission is a resource for the laws and regulations prohibiting job discrimination.

Employment Support for People with Disabilities**www.ssa.gov/work/index**

Social Security Administration Web site.

Federal Jobs Net**<http://federaljobs.net>**

A step-by-step guide to looking for and apply for a federal job.

Freedom Work Opportunities**248.887.1597****www.freedomwork.org**

Serving individuals with disabilities by offering vocational training, job placement and job searching.

Goodwill Industries of Greater Detroit**313.964.3900****www.goodwilldetroit.com**

Goodwill Industries of Greater Detroit provides people who have disabilities and other barriers to employment with opportunities to become independent, self-supporting citizens through training, work experience and employment in the community.

Income Links, LLC**www.incomelinks.biz**

A micro-enterprise opportunity with a focus on the production of income for those who are very impoverished, including people with disabilities.

JAN, the Job Accommodation Network**www.jan.wvu.edu**

A free consulting service that provides information about job accommodations, the ADA, and the employability of people with disabilities.

Jewish Vocational Services**248.559.5000****www.jvsdet.org**

Serving residents of Macomb, Oakland and Wayne counties by providing assistance in career development, employment services and educational opportunities.

Judson Center**248.549.4339****www.judsoncenter.org**

Group homes, supported independence living, supported employment, counseling services, autism connections, and LIFE academy.

Macomb Oakland Regional Center**866.593.7412****www.morcinc.org**

For persons with developmental disabilities. MORC vocational services are available to people who are interested in working in the community.

Michigan Commission for the Blind
Toll Free Voice: 800.292.4200, Toll
Free TTY: 888.864.1212.
www.michigan.gov/mcb
Provides services to help blind individuals become employed and live independently.

Michigan Department of Career Development
248.388.0444
www.michigan.gov/mdcd
Serving persons 17 and older with disabilities that affect employment by offering vocational counseling, vocational placement and job training.

Michigan Rehab
800.605.6722
www.michigan.gov/mdcd
Serving people 16-26. Assistance starts one to two years before graduation and includes vocational counseling, assessment, college prep, assistance to gain employment and short-term support.

Michigan Works!
248.858.5520
www.michiganworks.org
Michigan's career preparation, assessment, training and resource room.

New Horizons
248.340.0559
www.newhorizonsrehab.org
Helping individuals age 16 and older in need of vocational assistance by offering vocational evaluation, job training and job placement.

Oakland County Community Mental Health Authority
800.341.2003
www.occmha.org
Offering supported employment, public mental health services, prevention programs, and 24/7 availability.

Oakland and Macomb Center for Independent Living
586.268.4160
13212 E. 14 Mile
Sterling Heights, MI 48312
<http://omcil.org>
The Oakland and Macomb Center for Independent Living is committed to assisting people with disabilities to achieve independence through participation, choice and self-determination.

Partners in Employment
www.partnersinpolycymaking.com/employment
A self-study course to help persons with developmental disabilities find meaningful jobs.

Training and Treatment Innovations
800.741.1682
www.ttiinc.org/
An organization aimed at providing quality mental health services to adults and children with psychiatric and/or developmental disability needs. Promoting empowerment and independence for these adults and children through advocacy, education, and a comprehensive multidisciplinary supportive partnership.

Education

ARC of Oakland County, Inc.
248.816.1900
www.thearcoakland.org
An advocacy in benefits and special education law; offering information and referrals.

Central Michigan University
Mt. Pleasant, Michigan
989.774.4000
www.cmich.edu
Serves students with disabilities by offering educational support.

Eastern Michigan University
Ypsilanti, Michigan
734.487.2470
www.emich.edu
Serves students with disabilities by offering educational support.

Ferris State University
Big Rapids, Michigan
231.591.3772
www.ferris.edu
Serves students with disabilities by offering educational support.

Grand Valley State University
Allendale, Michigan
616.331.2490
www.gvsu.edu
Serves students with disabilities by offering educational support.

Lake Superior State University
Sault Ste. Marine, Michigan
906.632.6841
www.lssu.edu
Serves students with disabilities by offering educational support.

Michigan Career and Technical Institute (MCTI)
Plainwell, Michigan
877.901.7360
www.michigan.gov/mcti
Serves adults with physical, mental or emotional disabilities, fully accessible campus, 13 vocational programs, and career assessment service.

Michigan State University
East Lansing, Michigan
517.353.9642
www.msu.edu
Serves students with disabilities by offering educational support.

Michigan Technological University
Houghton, Michigan
906.487.2212
www.mtu.edu
Serves students with disabilities by offering educational support.

Northern Michigan University
Marquette, Michigan
906.227.1737
www.mnu.edu
Serves students with disabilities by offering educational support.

Oakland Community College (The PASS Program)
Oakland County, Michigan
248.341.2000
www.occ.cc.mi.us
Serves students with disabilities by offering educational support.

Oakland Schools
Waterford, Michigan
248.209.2000
www.oakland.k12.mi.us
Serves students with disabilities by offering educational support.

Oakland University
Rochester, Michigan
248.370.3266
www.oakland.edu
Serves students with disabilities by offering educational support.

Saginaw Valley State University
Saginaw, Michigan
949.964.7000
www.svsu.edu
Serves students with disabilities by offering educational support.

University of Michigan
Ann Arbor, Michigan
734.763.3000
www.umich.edu
Serves students with disabilities by offering educational support.

University of Michigan (Dearborn)
Dearborn, Michigan
313.593.5430
www.umd.umich.edu
Serves students with disabilities by offering educational support.

University of Michigan (Flint)
Flint, Michigan
810.762.3000
www.flint.umich.edu
Serves students with disabilities by offering educational support.

Wayne State University
Detroit, Michigan
313.577.1851
www.wayne.edu
Serves students with disabilities by offering educational support.

Western Michigan University
Kalamazoo, Michigan
269.387.7200
www.wmich.edu
Serves students with disabilities by offering educational support.

Recreation

Athletes Unlimited
248.680.9000
P.O. Box 250942
West Bloomfield
<http://athletesunlimited.com/>
A group for athletes who are physically challenged in some way.

Equine-Assisted Counseling
248.652.3286
www.equine-assisted-counseling.com
Therapeutic horseback riding, specializing in students diagnosed with Attention Deficit Disorder.

Far Conservatory of Therapeutic and Performing Arts
248.646.3347
www.varietyfarconservatory.org
Serves infants to adults with mental and physical impairments, therapeutic based programs and creative arts and athletics.

Fowler Center
989.673.2050
www.thefowlercenter.org
A year-round camp and retreat for adolescents and adults diagnosed with developmental disabilities.

Jewish Community Center
248.432.5585
www.jccdet.org
Specialized programs for children and adults with disabilities, peer support groups, socialization and classes.

Michigan Adaptive Sports
248.988.0156
PO Box 569
Keego Harbor, MI 48320
www.michiganadaptivesports.org
A chapter of Disabled Sports USA, a non-profit, tax-exempt educational organization established for the purpose of providing sports, recreation and physical fitness opportunities for persons with disabilities.

Michigan Wheelchair Athletic Association
734.971.0277 ext. 56
The Michigan Wheelchair Athletic Association is a non-profit volunteer organization whose interest is in promoting wheelchair-sporting events and promoting resources and education to the community.

Miracle League
www.miracleleague.com
A baseball league for disabled children.

Oakland County Library for the Visually and Physically Impaired
248.585.5056
www.oakgov.com/lvpi/
Talking books and magazines, free mail service, larger print and lending visual aids collection.

Oakland County Parks and Recreation Therapeutic Program
248.585.7596
www.oakgov.com/parksrec/index.html
Adaptive recreation and seasonal sports groups.

Paint A Miracle
248.652.2702
www.paintamiracle.org
Therapeutic art programs.

OATS

248.620.0505

www.oatshrh.org

Therapeutic horseback riding.

SCAMP

248.620.1882

www.clarkstonscamp.com

Serves special needs children thru age 26, offers education and recreation opportunities.

Southfield Parks and Recreation Adaptive Recreation

248.796.4673

www.cityofsouthfield.com

Offering many adaptive programs including wheelchair basketball, basketball clinics and tennis lessons.

Sports Ability

248.305.7386

Offers sports programs and clinics.

Strive Inc.

248.922.1236

www.striveonline.org

7105 Glenburnie

Clarkston, MI 48346

A non- profit organization that provides leisure and recreation opportunities for individuals with disabilities.

The Art Experience

248.706.3304

www.theartexperience.org

Therapeutic art programs.

Web and Other Resources

Access

www.accesscommunity.org

A human services organization committed to the development of the Arab American community in all aspects of its economic and cultural life. Provides a wide range of social, mental health, educational, artistic, employment, legal and medical services.

Alliance for the Mentally Ill

www.nami.org

The nation's largest grassroots mental health organization dedicated to improving the lives of persons living with serious mental illness and their families.

American Association on Intellectual and Developmental Disabilities

www.AAIDD.org

Promotes progressive policies, sound research, effective practices, and universal human rights for people with intellectual disabilities.

American Association of People with Disabilities

www.aapd-dc.org

The AAPD works in coalition with other disability organizations for the full implementation and enforcement of disability nondiscrimination laws, particularly the Americans with Disabilities Act and the Rehabilitation Act of 1973.

Autistic Society of Michigan, Macomb County

www.autism-mi.org

The mission of the Autism Society of Michigan (ASM) is to assure full participation and self determination in every aspect of life for each individual.

The Bazelon Center for Mental Health Law

www.bazelon.org

An organization to protect and advance the rights of adults and children with mental disabilities.

Brain Injury Association of Michigan **800.772.4323**

www.biami.org

A non-profit organization that brings together people who have suffered a brain injury, their families, friends, and concerned professionals to improve the quality of life that people experience after brain injury.

CAUSE

248.424.9610

www.causeonline.org

Citizens Alliance to Uphold Special Education is a Parent Training Information Center for the State of Michigan. A statewide non-profit coalition providing free information, referral, support, advocacy and workshops to parents and professionals working with children with disabilities and special needs.

Children's Special Health Care Services

800.359.3722

www.michigan.gov/cshcs

A program within the Michigan Department of Community Health for children and some adults with special health needs.

Community Living Services of Oakland County

248.758.2348

www.comlivserv.com

A private, non-profit organization that promotes inclusion, full citizenship and a self-determined life for people with developmental disabilities.

Community Network Services

800.273.0258

www.cnsmi.org

A private, non-profit, human services agency that provides comprehensive mental health and social services.

Department of Human Services

www.michigan.gov/dhs

Michigan's Web site for individual and family services, state assistance programs and local office listings.

Detroit Institute for Children

www.detroitchildren.org/

Offering care for children with disabilities, neurological or behavioral special needs in a way that is positive, and family-centered so that the children can maximize their potential within their families and the community.

DisabilityInfo.gov

<http://disabilityinfo.gov>

A comprehensive online resource designed to help people with disabilities access the information they need to know quickly and easily.

Disability is Natural

www.disabilityisnatural.com

The mission of this site is to encourage new ways of thinking about disabilities and to help create a society in which all people are valued and included.

Disability Made Easy LLC

248.569.1580

**23100 Providence Dr. Suite 200
Southfield, MI 48075**

www.disabilitymadeeasyllc.com

Disability Made Easy is a Michigan based company committed to residential, barrier free construction.

Disability Rights Advocates (DRA)

www.draregal.org

This site is dedicated to protecting and advancing the rights of people with disabilities.

DRM Regional Resource Guide

**[www.disabilityresources.org/
MICHIGAN.html](http://www.disabilityresources.org/MICHIGAN.html)**

Links to disability organizations and agencies.

Epilepsy Center of Michigan

**[www.epilepsyfoundation.org/
michigan](http://www.epilepsyfoundation.org/michigan)**

Provides a number of programs and services, including: professional education & awareness programs, education and support programs for people with epilepsy and their families and advocacy programs and more.

Families Exploring Down Syndrome

**[www.familiesexploring
downsyndrome.org](http://www.familiesexploringdownsyndrome.org)**

A Web site for people to learn how people with Down Syndrome and their families "shine on" and how we can all help make this a better world.

Free Dental Services**248.489.2204****248.489.2067 (fax)****800.850.5913****P.O. Box 3405****Farmington Hills, MI 48333**

Dental services for elderly, disabled or medically compromised persons.

Greater Detroit Agency for the Blind and Visually Impaired**www.gdabvi.org/**

A non-profit organization dedicated to preventing blindness, reducing the impact of blindness, and advocating for those with severe vision loss.

Institute for Community Inclusion**www.communityinclusion.org**

Supports the rights of children and adults with disabilities to participate in all aspects of community life.

Macomb County Autistic Society**www.macombasa.org**

The Macomb / St. Clair County Chapter of the Autism Society of America is a non-profit organization. The money the society raises goes directly to some of our sponsored outings as well as autism awareness.

Michigan Association of Centers for Independent Living**888.255.2457****www.michigan.gov (Search Independent Living)**

A list of independent living centers.

Michigan Child**888.988.6300****www.michigan.gov (Search MI Child)**

Children's health insurance program.

Michigan Courts**www.courts.michigan.gov/**

Access to all state approved court forms.

Michigan Department of Community Health**www.michigan.gov/mdch**

The department responsible for health policy and management of the State of Michigan's publicly funded health service systems.

Michigan Disability Resources**www.michigan.gov/disabilityresources**

Links to the many disability resources available in Michigan.

Michigan Disability Rights Coalition**www.copower.org/mdrc/MDRC.htm**

A statewide network of individuals and organizations that advances the issues of Michigan's disability community.

The Michigan Loan Funds**www.michiganloanfunds.org**

Providing loans to persons with disabilities to purchase assistive technology devices and to purchase equipment to work from home.

Michigan Partners for Freedom**<http://mifreedom.org>**

A grassroots coalition of people with disabilities, family members, advocates, organizations and other allies working together to build statewide demand for self-determination.

Michigan Protection and Advocacy**www.mpas.org**

To advance the dignity, equality, self-determination, and expressed choices of individuals. Promotes, expands and protects the human and legal rights of people by providing them with information and advocacy.

Michigan Self-Help Clearinghouse**800.777.5556**

Refers people to support groups.

National Disability Rights Network**www.napas.org**

Works to create a society in which people with disabilities are afforded equal opportunities.

**Paralyzed Veterans of America
Michigan Chapter**
248.476.9000, 800.638.MPVA
40550 Grand River Ave
Novi, MI 48375
www.michiganpva.org

A leadership organization reaching out on behalf of our members (veterans with spinal cord injury or disorders), associate members, and all people with disabilities to provide the highest possible quality of life in Michigan.

Parkinson's Association
www.parkinsons.org

An online resource to help people better understand Parkinson's Disease.

Quality Mall
www.qualitymall.org

Providing free information about person-centered support for people with developmental disabilities.

Rehabilitation Institute of Michigan
www.rimrehab.org

A full spectrum of comprehensive inpatient and outpatient services for medical conditions requiring physical rehabilitation.

Social Security Disability
800.772.1213

www.ssa.gov
Social Security Administration.

Salvation Army
248.558.5600

www.usc.salvationarmy.org
Offering assistance with food, rent, utilities, furniture and clothing.

SMART
www.smartbus.org
Providing discount bus tickets to disabled persons.

The Guidance Center
www.guidance-center.org
The Guidance Center provides a broad range of highly effective services that help children, adults and families unlock potential and build better lives.

10

Troy Community Center
248.524.3484

Offering a 10 percent discount to disabled persons, adaptive equipment available for free use that includes: video magnifier, videophone, captioned phone (local calls) and DRIS radio for the visually impaired. Also offering hospital equipment loan closet.

**United Cerebral Palsy of
Metropolitan Detroit**
800.827.4843

www.ucpdetroit.org
Information, referral and services for individuals with disabilities, employment assistance and social security/benefits planning. Community inclusion and support training.

United Way
211 (or 800.552.1183)

www.uwsem.org
2-1-1 is here to help improve the lives of individuals and families through thousands of local resources and our compassionate and understanding staff. By dialing 2-1-1, you can get access to thousands of resources such as: housing and utility assistance, after school programs and tutoring, medical care and senior care services, and credit counseling and mortgage foreclosure assistance. You can also call 2-1-1 to get connected to volunteer opportunities in your area.

Health Resources

**Alzheimers & Related Disorders
Center**
800.272.3900
www.alz.org

American Cancer Society
800.ACS.2345
www.cancer.org

American Council for the Blind
800.424.8666
www.acb.org

American Diabetes Association
800.342.2383
www.diabetes.org

American Heart Association
248.557.9500
www.americanheart.org

American Lung Association
www.lungusa.org
800.687.5864

American Paralysis Association
800.225.0292

American Parkinson's Disease Association
800.223.2732
www.apdaparkinson.org

Arthritis Foundation
800.283.7800
www.arthritis.org

Canadian Drug Discount Program
888.489.8980

Chronic Illness Coalition
www.cic.mich.org
248.936.0373

Deaf & Hearing Services
248.473.1888

Dental for Seniors
888.489.8980

Oakland County Health Department
248.858.1280
www.oakgov.com/health

Hill-Burton Information & Free Health Care
800.638.0742
www.hrsa.gov/hillburton/default.htm

Hospice
888.HOM.5656
www.hom.org

Michigan Office of Service to the Aging
517.373.8230
www.miseniors.net
Michigan Parkinson's Foundation
800.852.9781
www.parkinsonmi.org

Used Mobile Walkers & Electric Scooters
888.489.8980

This Disabilities Resource Guide was compiled by the
City of Troy Community Affairs Department.
For changes or inclusion, please contact Cindy Stewart,
248.524.1147 or e-mail cindy.stewart@troymi.gov.
